

140 Recipes for Traditional Food from Scandinavia and Asia

Are you a food enthusiast who loves exploring different culinary traditions? Look no further! We have compiled a comprehensive collection of 140 delicious recipes for traditional dishes from Scandinavia and Asia. Whether you prefer hearty Scandinavian meals or flavorful Asian cuisine, this article will surely satisfy your taste buds and provide you with plenty of inspiration for your next cooking adventure.

Scandinavian Recipes



Swedish Meatballs

Indulge in the rich flavors of Sweden with these tender meatballs, served with lingonberry sauce and creamy mashed potatoes. Perfect for a cozy family dinner!

**Thai And Nordic Cookbook: 2 Books In 1: 140
Recipes For Traditional Food From Scandinavia
And Asia** by Emma Yang(Kindle Edition)



★★★★★ 5 out of 5

Language : English
File size : 4926 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 189 pages
Lending : Enabled

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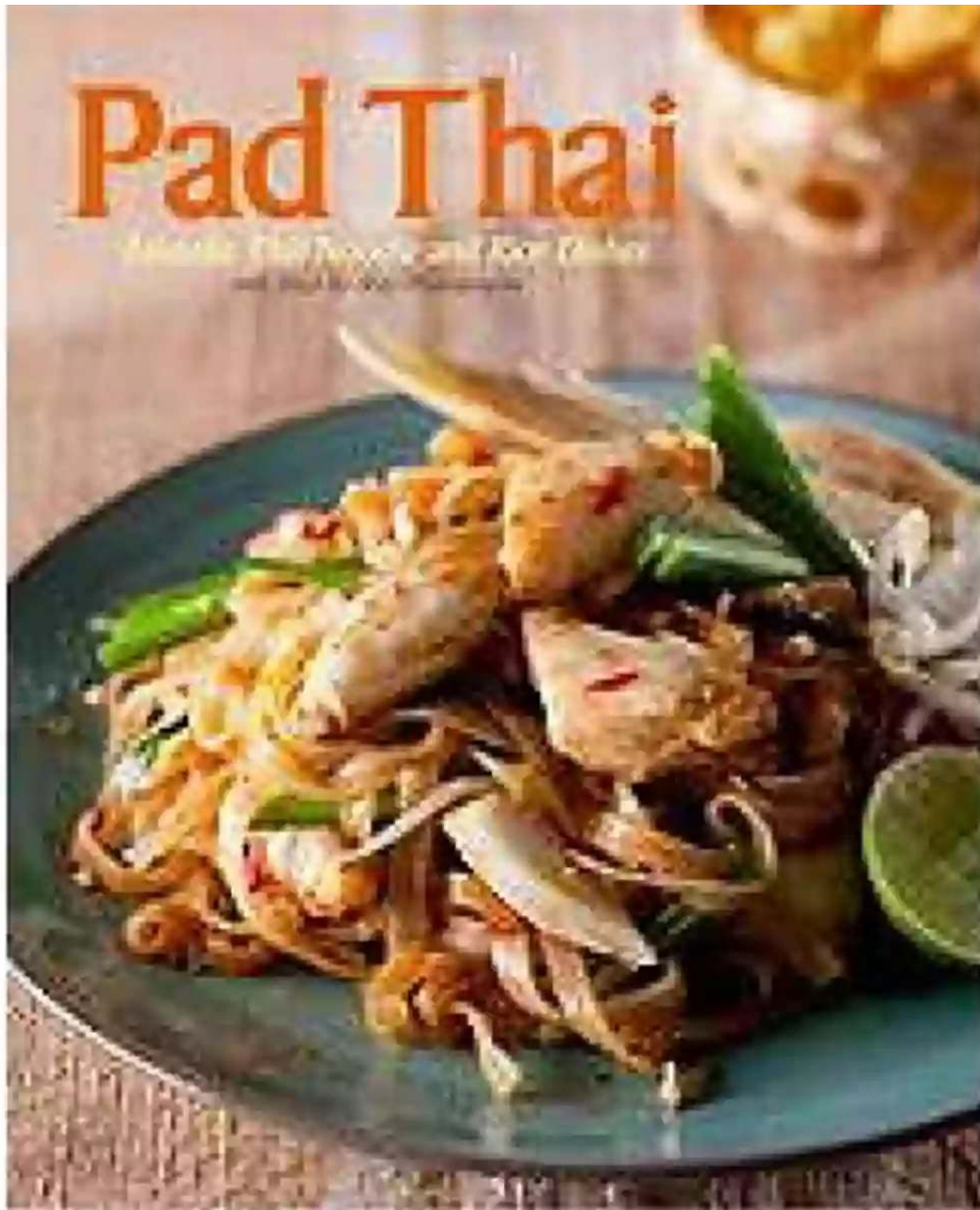
Learn the art of curing salmon with this Norwegian delicacy. Serve it with dill mustard sauce and enjoy the buttery texture and delicate flavors.



Salmon Soup

Experience the heartwarming flavors of Finland with this comforting salmon soup. Packed with fresh vegetables and topped with dill, it's a perfect choice for chilly evenings.

Asian Recipes



Pad Thai

Transport yourself to the bustling streets of Thailand with this iconic noodle dish. Enjoy the perfect balance of sweet, sour, and savory flavors, complemented by crunchy peanuts and fresh lime.



Sushi Roll

Master the art of sushi-making with this step-by-step guide to creating your own delicious sushi rolls. Impress your friends and family with beautiful presentations and unique flavor combinations.



Butter Chicken

Delight your taste buds with this classic Indian dish. Marinated chicken cooked in a rich tomato-based sauce, infused with aromatic Indian spices. Serve with naan bread or steamed rice.

With 140 traditional recipes from Scandinavia and Asia, this compilation offers something for every food lover. Take your culinary skills to the next level and

explore the diverse flavors and cooking techniques of these regions. Whether you plan to host a themed dinner party or simply want to try something new for dinner, these recipes are sure to impress.

Remember to experiment with ingredients and make each recipe your own. Get creative and have fun in the kitchen. Happy cooking!



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Are you looking for a cookbook with 140 tasty and healthy recipes?

In this 2 books in 1 edition by Emma Yang you will learn how to prepare at home 140 traditional and modern Nordic and Thai recipes.

In the first book, NordicCookbook, you will learn how to prepare classic food from Norway, Sweden, Denmark and Finland at home.

Northern lights and fjords have been for decades one of the best reasons to go visiting the Scandinavian region. In the last ten years though, there has been a

true renaissance of the nordic cuisine, emerging gradually as one of the most interesting and rich on the planet.

From the Danish pastry to the perfectly executed Swedish refined dishes, several recipes are more and more copied all around the globe and cooking at home nordic food has been a trend in the last years.

One of the reasons relies on the healthy and balanced approach that Nordic Countries do have in regards of the local ingredients. Nature cycle is heavily respected due to dark and harsh winters and sunny springs and summers, the only season where fruits vegetables and even animals are free to spread and bloom. With such smart and sustainable approach, the recipes are well thought, balanced but also delicious.

In Nordic Cookbook by Emma Yang you will learn:

- How to prepare 70 easy recipes from Sweden, Norway, Finland and Denmark
- 70 true recipes from classic and modern Scandinavian dishes
- How to prepare classic and traditional Nordic recipes at home

If you want to cook easy and tasty Scandinavian food at home for friends and family, this cookbook is for you!

In the second book, ThaiCookbook by Emma Yang you will learn how to cook at home traditional and modern Thai food.

Among all the cuisines in the world, Thai food is one of the most intriguing. It goes from the spicy chili that boosts every ingredient, from meat to fish and

vegetables, to the most refreshing, smooth and soft soups, in which coconut milk is often the king.

Thai food is balanced and very few dishes are exception to that rule. The use of the ingredients shows great care and vegetables are almost always present in order to balance the mix of flavors.

Thai cuisine can be split in five main categories:

1. Tom (boiled)
2. Yam (spicy salads)
3. Tam (pounded)
4. Gaeng (curries)
5. Stir Fry (fried)

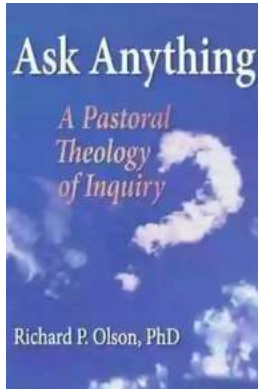
Each of these cooking technique is suited for a given set of dishes that can be easily executed at home with ingredients that can be found at the local supermarket. Cooking Thai food has a low threshold of difficulty and from quick&easy recipes to long lasting cooking processes, the balance and the intense asian flavors are guaranteed to be in every bite.

In Thai Cookbook by Emma Yang you will learn:

- 70 recipes for preparing traditional Thai food at home
- How to cook real Thai dishes at home
- Easy to follow recipes for surprising friend and family

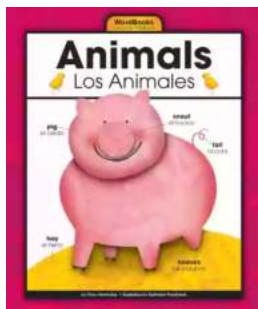
If you love Thailand and you want to get closer to the Thai culture with food, this cookbook is for you!

Scroll up, click on buy it now and get your copy today!



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