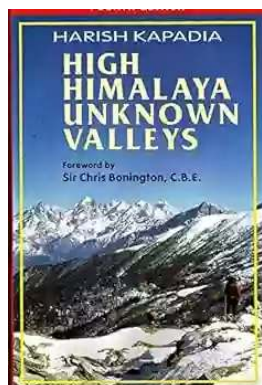


High Himalaya Unknown Valleys: Exploring the Enchanting World with Harish Kapadia

If you are an adventure seeker and a nature enthusiast, then High Himalaya Unknown Valleys will leave you in awe. Exploring these untouched wilderness of majestic peaks and hidden valleys is every mountaineer's dream. And when it comes to the High Himalayas, there is no one better to guide you than Harish Kapadia, the renowned mountaineer and author.

Harish Kapadia has dedicated his life to unraveling the secrets of the High Himalayan range. His passion for mountaineering and exploration has taken him to the most remote and unexplored corners of the region. With years of experience and a deep understanding of the mountains, Harish Kapadia is a living legend in the mountaineering community.

One of the greatest treasures hidden in the High Himalaya are the unknown valleys. These valleys, tucked away amidst towering peaks and glaciers, are untouched by the modern world. The beauty and serenity of these hidden gems will transport you to a different world altogether.



HIGH HIMALAYA UNKNOWN VALLEYS

by Harish Kapadia(Kindle Edition)

★★★★★ 5 out of 5

Language	: English
File size	: 82927 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 412 pages
Lending	: Enabled



Harish Kapadia has spent countless hours exploring these unknown valleys, documenting his experiences and observations. His detailed accounts provide a window into the mesmerizing landscapes and unique cultures that thrive in these regions.

But why are these valleys unknown? The answer lies in the treacherous terrain and harsh weather conditions that make them nearly inaccessible. Only a few brave souls dare to venture into these realms, and Harish Kapadia is one of them.

In his book "High Himalaya Unknown Valleys," Kapadia shares his personal encounters, challenges, and triumphs while navigating through these remote valleys. His stories will make you laugh, gasp, and reflect on the immense power and beauty of nature.

One of the hidden valleys that Harish Kapadia explores is the Zaskar Valley in Ladakh. This valley, surrounded by snow-capped peaks and crystal-clear rivers, is a paradise for trekkers. The Zaskar Valley is also home to monasteries, where you can witness the spiritual side of the region.

Another magnificent valley is the Kumaon Valley in Uttarakhand. Known for its stunning landscapes and rich biodiversity, it offers a plethora of outdoor activities, including trekking, wildlife spotting, and exploring ancient temples.

Harish Kapadia's expeditions also take us to the Kinnaur Valley in Himachal Pradesh. Here, you can soak in the breathtaking views of the snow-covered

peaks, visit ancient Buddhist monasteries, and mingle with the warm-hearted locals.

The Dolpo Valley in Nepal is yet another treasure waiting to be discovered. Located in the rain shadow area of the Himalayas, it is a haven for wildlife and nature lovers. Kapadia's accounts of traversing through the Dolpo Valley will leave you dreaming of embarking on your own adventure.

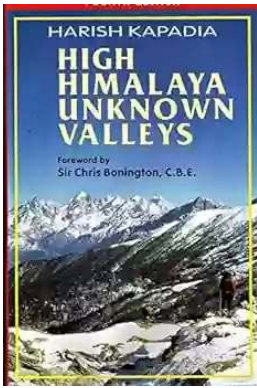
These unknown valleys of the High Himalaya are not just about nature's marvels. They also offer a glimpse into the diverse cultures and traditions of the people who call these valleys their home. From the warm hospitality of the Ladakhis to the vibrant festivals of Kumaon, each valley has its own unique charm.

Harish Kapadia's exploration of these unknown valleys is not only a testament to his immense love for the mountains but also a source of inspiration for others to step out of their comfort zones and embrace the unknown. His dedication and passion have opened doors to breathtaking landscapes and enabled us to connect with nature in its purest form.

So, if you have the spirit of an adventurer and a desire to witness the untouched beauty of the High Himalaya's unknown valleys, let Harish Kapadia be your guide. Immerse yourself in his captivating narratives, and embark on a journey that will forever change your perception of the mountains.

Experience the magic of the High Himalaya's unknown valleys with Harish Kapadia, and discover a world that very few have been fortunate enough to witness.

Don't miss out on this once-in-a-lifetime adventure!



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HIGH HIMALAYA UNKNOWN VALLEYS

THE BOOK:

The book after its first publication went in to five editions and is now for the first time is available in Digital format. With 17 sketch-maps, 14 sketches and 56 photographs it is a major reference on the Himalaya.

The book contains articles covering the author's treks and climbs in the remote valleys most pioneering explorations. These articles give an insight into the Himalayan areas, their history, its people and the period of development of Himalayan climbing in India during the last many decades.

For a trekker there are various suggestions in this book, for discovering different passes, many unknown valleys, and the history of travel, people, culture and nomenclature of the area. There are invaluable references to hordes of peaks, both most challenging and easy, between 6000 m and 7000 m range. And for an armchair mountaineer there are personal stories, author's involvement with the Himalayan Club and its Journal which he edited for three decades. There are interactions with climbers and editors in India and of different nationalities.

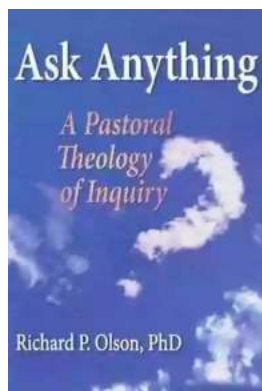
The book will be an invaluable guide to all present and future mountaineers.

THE AUTHOR: Harish Kapadia has been climbing and trekking for the last fifty-five years and has an enviable record of Himalaya activity.

Harish is Honorary Member of several leading Alpine Clubs : London, Japan, American and Polish. He was awarded the IMF Gold Medal in 1993. In the year 2003, in which the 50th Anniversary of the first ascent of Everest was celebrated, Harish Kapadia was honoured with the Royal Medal, the “Patron’s Medal”, by the Royal Geographical Society ‘for contributions to geographical discovery and mountaineering in the Himalaya’. He was the first Indian to receive this award after 125 years. The President of India honoured him with the prestigious ‘Tensing Norgay National Adventure Award’ (2003) for Lifetime achievements, the highest Adventure Award in India. He has also received the King Albert Gold Medal (Switzerland) and Joss Lynam Medal (Ireland). In 2017 he was awarded Piolets D’or Asia 2017, UIAAA. This is considered to be the Oscar award of mountaineering.

Harish was invited to many countries to lecture on his Himalayan exploits and is a member of several organisations. He is married, and lives in Mumbai.

See www.harishkapadia.com



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